

DISS OTTERS CHAMPIONSHIPS

Events for the club championships will be held in the following age groups 8 and under, 9 years, 10 years, 11 years 12 years, 13 years, 14 years, 15 and 16 years, 17 and over. **The age groups are age on 13th July 2008.**

- 1) Awards will be given, for each event, to the first 3 in each age group. Where multiple distances are available to an age group bagcats style points will be used to determine the winner. In the 25m events medals will be given to the 2 youngest age groups (8/u and 9) and a single combined age group for all the other swimmers.
- 2) Swimmers may swim multiple distances, if this is allowed for their age group. However for all events other than the distance freestyle these events will be on the same evening and is therefore not advised. Where multiple distances are swum the best (using bagcats style points) will be used to determine medals.
- 3) The competition will be held under A.S.A law, and A.S.A rules.
- 4) **All entrants must be paid up members of Diss Otters Swimming Club.** Only first claim members are eligible for records and awards.
- 5) Entries will be allowed on the day providing space is available
- 6) Entry is free to any swimmer paying monthly fees, others pay £3 per event.
- 7) Any competitor failing to report on time may be excluded from the event.
- 8) The referee concerned will deal with any protest and his decision will be final.
- 9) The committee reserves the right to refuse admission.
- 10) Anything not covered in the above conditions will be at the discretion of the committee.
- 11) The committee's decision relating to the interpretation of these rules and conditions shall be final.
- 12) All events shall be heat declared winner.
- 13) Events must be swum on the designated night, unless over subscription forces the club to rearrange events, in which case reasonable discretion will be used to allow swimmers to swim on a separate occasion
- 14) All age groups will be swum together .
- 15) Events will be held on normal training nights. Unless otherwise stated ALL TRAINING WILL BE CANCELLED on competition nights.
- 16) The 800 Free and 1500 Free are only open to girls 10 and over, and boys 11 and over. Other swimmers may swim for a time only at the coaches discretion.

For the bagcats top swimmer trophy, points from the following events will be included:

	Sprint	Form	100m	Distance Free	IM
8/u /9	Any 25m or 50m	100m or 200m not Free	N/A	200m or 400m	100m or 200m
10/over	Any 50m	200m not free	Any 100m	200m or Over	100m or 200m

Event Dates – please keep a copy of which events you/your child is swimming

The events on 15 June and 6 Jul may start later to allow normal swimming for first squad swimmers. It is therefore important that we know numbers for these events as soon as possible.

Thu 12 Jun 6:30 pm	100 Fly 200 Back
Sun 15 Jun 6:15 pm	1500 Free
Mon 16 Jun 7:00 p.m	100 Back 200 Breast
Fri 20 Jun 6:30 pm	200 Fly
Thu 26 Jun 6:30 pm	100 Breast 200 Free
Mon 30 Jun 7:00 p.m	100 Free 200 IM
Sun 6 Jul 6:15 pm	800 Free
Thu 10 Jul 6:30 pm	100 IM 400 Free
Fri 11 Jul 6:30 pm	25m & 50m Fly
Sun 13 Jul 6:15 pm	25m & 50m Free Back and breast

✂

Name:.....

Date Of Birth:.....

Sex:- Male Female

Please mark appropriate events:

	Fly	Back	Breast	Free	I.M.
25m					
50m					
100m					
200m					

	400m	800m	1500m
Free			